

PATIENT GUIDANCE FOR ATTENDING CHIROPRACTIC CLINICS

YOU CAN HELP US TO KEEP YOU SAFE BY FOLLOWING THESE STEPS:



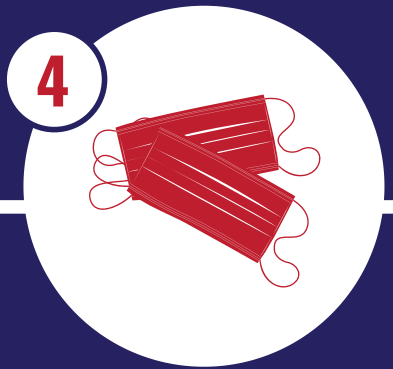
Wash your hands before you attend (and again when you arrive if requested).



Arrive at your appointment on time to avoid build-up in communal waiting areas.



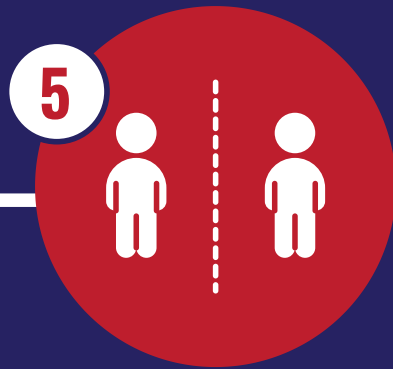
Use available hand sanitisers upon arrival and when you leave.



Wear a mask if possible (your clinician may request for you to do so).



Follow signs and notices in the Clinic.



Observe social distancing with others.



Attend your appointment unaccompanied unless you need help or require a chaperone.



Do not attend the clinic if:

1. You do not have an appointment
2. You are experiencing any Covid-19 symptoms
3. You've been exposed to someone with COVID-19 or asked to self-isolate by NHS Contact Tracing